

Dr. JENNEFFER PULAPAKA, D.P.M.

DELAND FOOT AND LEG CENTER

844 N Stone Street, Suite #208 DeLand, FL 32720

386-738-3733 Ext 109

Current Florida License #PO 3160

HIGHLIGHTS:

- **Wound Care Certified Physician**
- **Podiatry Primary Care**
- **Limb Salvage & Bone Infection Treatments**
- **Nutrition & Wellness**
- **Lectures, Podcaster, & Guest speaker**
- **Restaurateur & Sommelier/Wine Director**
- **Women Owned Business**
- **Advocacy: Food security & Patient Rights**
- **Sustainable practices**

FELLOWSHIP:

- Trauma, Reconstruction, and Limb Deformity Fellowship
Russian Ilizarov Scientific Center for Restorative Traumatology and Orthopaedics Kurgan, Russia
Spring 2005

PODIATRIC MEDICAL & SURGICAL RESIDENCY (PM&S-36)

- Mercy Hospital and Barry University, Miami, FL July 2002 - June 2005
PGY-1, PGY-2, PGY-3

MEDICAL SCHOOL:

- School of Podiatric Medicine 1998-2002 Barry University,
Miami, FL
Podiatric Medical Degree May, 2002

UNDERGRADUATE TRAINING:

- University of South Florida, Tampa, FL B.S. - Biology, May 1998
- Florida State University, Tallahassee, FL B.S. - Chemistry, May 1995

CERTIFICATION & ASSOCIATIONS:

- American Board of Lifestyle Medicine – (BE Oct 2019)
- Plant-Based Nutrition Certificate, Completed (March, 2019), T. Colin Campbell Center for Nutrition Studies and eCornell
- Certified Wound Specialist – Physician (CWSP)
- Certified American Board of Multiple Specialties in Podiatry in Prevention and Treatment of
Diabetic Foot Wounds
- Fellow American College of Clinical Wound Specialist
- American Board of Podiatric Surgery: Forefoot, Rearfoot and Reconstruction (BE)
- Women's Business Enterprise National Council (WBENC)
- Women Owned Business (WOB)
- Women Owned Small Business (WOSB)
- American Association of University Women (AAUW)
- Women Inspire Change and Community Development (WICCD)
- West Volusia Hospital Authority – Citizens Advisory Committee (WVHA CAC)

HOSPITAL AFFILIATIONS:

- Florida Hospital Deland, Deland, FL
- Florida Hospital Fish Memorial, Orange City, FL

MEDICAL SOCIETIES:

- Associate American College of Foot and Ankle & Surgeons
- American Board of Podiatric Surgeons (Since 2005 – Present)
- American Academy of Podiatric Sports Medicine
- Association for the Advancement of Wound Care
- American Board of Multiple Specialties in Podiatry

PREVIOUS AFFILIATIONS:

- Miami Children's Hospital (Pediatric Orthopaedics, Birth Defects, and Cerebral Palsy) Miami, FL August 2004-October 2004
- Yucatan Crippled Children's Project (Pediatric and Adult Limb Deformity) Merida, Mexico 2004-2005
- Jackson Memorial Hospital (Vascular Surgery and Urgent Care) Miami, FL 2002-2003
- Diabetic Research Institute , Miami, FL Spring 2003
- Sports Medicine – Dr. James Losito (Surgery and Clinic) Barry University Foot and Ankle Clinic, Miami, FL 2003-2005

PREVIOUS SPORTS AFFILIATIONS:

- Miami Heat
- Barry University
- University of Miami
- Florida Atlantic University
- Florida International University
- Miami Dolphins

TEACHING EXPERIENCE:

- Stetson University – Externship rotation in Podiatric Medicine. 2011- Present
- Florida Technical College – Externship rotation for medical assistants. 2006 - Present
- Barry University School of Podiatric Medicine - Guest Lecturer on Podiatric Clinical Skills, Biomechanics Lab, Foot and Ankle Surgery, and Athletic Training/Sports Medicine 2003-2005
- External Fixation workshops. 2004 – 2005
- Barry University School of Podiatric Medicine – Cadaver Surgical Lab. 2003-2005

PUBLICATIONS and RESEARCH:

- Author, submitted for publication. *Upper Body Trauma and Bilateral Lower Extremity Critical Limb Ischemia in a 15 year-old Girl*. Trauma.
- Co-author, submitted for publication. *The Use of an External Ring Fixator in the Reconstruction of Charcot Joint Disease in the Foot and Ankle*. Ostomy Wound Management.
- Co-author, submitted for publication. *A 20 year Follow-up Study into the Outcome of Patients After Surgical Correction for Tarsal Tunnel Syndrome*.
- Co-author (July 1998). *Comparison of Ordinary and Generalized Least Squares Straight Line Calibrations for GC/MS, HPLC, GC, and Enzymatic Assay*, American Academy of Forensic Science.
- Co-author, Chapter submission. *Neuropathy in the Lower Extremity*. University of Amsterdam.
- Author. *The Use of Circular Ring Fixation in Charcot Reconstruction Patients*. May 2004 – 2010 research.

PRESENTATIONS:**Health, Medicine, Food, Wine**

- Seven Leading Causes of Death Linked to Nutrition. Plant to Plate Patient Garden. February 2019
- DeLand Library Foot Care Basics, Nutrition and Wound Care Lecture. October 2018
- Wine Parings and Food Fundamentals. Farm 2 Table International. July 2018
- Stetson University: What is the Nutrition in Local Food System – February 2017
- Stetson University: Local Food System's Health and Nutrition Lecture – November 2016
- Correlations between Nutrition, Wine and Health Lecture MIND Institute – January 2017
- Stetson University: Local Food System's Health and Nutrition Lecture – October 2016
- DeLand Library Foot Care Basics, Nutrition and Wound Care Lecture - October 2016
- Farm to Table International Nutritional Components Found within the Topics of Green, Local and Sustainable Food Source. New Orleans, LA – August 2016
- DeLand Library Foot Care Basics Lecture - January 2016
- Farm to Table International Local Food Systems Group Forum - August 2015
- Life as a Podiatric Surgeon – open discussions. Stetson University from 2009
- General Podiatric Complications - DeLand Rotary Bi-Annual Lecture from 2006
- Advancement in External Fixation -Florida Hospital DeLand for CEU credits. January 2008.
- Florida Hospital Diabetic Foot Care Lectures for CEU credits. 2005- present.
- Florida Podiatric Medical Association – Orlando, FL. Workshop: *The Use of External Fixation/ Frames*. January 2005.
- American College of Foot and Ankle Surgeons: Resident's Forum – awarded First Place. *A Case Study on the Surgical Approach of an Extensive Non-ossifying Fibroma*. January 2005.
- Midwest Podiatry Conference - Chicago. *The Use of Ilizarov Ring Fixator in Two Patients with*

Charcot-Marie-Tooth Disease. Manuscript accepted for presentation. March 2004.

- American College of Foot and Ankle Surgeons: Resident's Forum. *A Case Study on the Reconstructive Techniques in Femoral Condylar Lesions*. January 2004.
- Mercy Hospital – Grand Rounds. *Circulatory Evaluation of Lower Extremity in Patients with Ulceration*. October 2003.
- American College of Foot and Ankle Surgeons: Resident's Forum - awarded Second Place. *A Case Study on a Crushing Hallux Injury*. January 2003.
- Florida Podiatric Medical Association – Boca Raton, FL. Workshop: *The Use of the Koby ISOguard in Neuroma and Plantar Fasciotomy Surgeries*. July 2003.
- Florida Podiatric Medical Association – Boca Raton, FL. Workshop: *MBA Implants by KMI*. July 2003.
- Diabetes & You: How to Assess and Care for Your Diabetic Feet. Ft. Lauderdale Wellness Expo, Ft. Lauderdale, FL. July 2002
- *Type II Diabetic Assessment and Management of Patients and Proper Assessment of a "Foot at Risk"*. LEAPP Seminar: Amputation Prevention, Miami, FL. (November 2000).

HOBBIES:

- Plant to Plate Patient Garden, Florida
- RX: Veggies & Fruits Patient Program – West Volusia
- Women's Right Advocate: by Women Marketplace, Women Inspiring Change and Community Development
- Co-owner Cress Restaurant, GM, Wine Director, Sommelier- WSET-2nd Level
- Food advocate: Rx Fresh Fruits & Veggies Program, Seafood Watch- Blue Ribbon Task Force
- Equestrian activities
- Podcast: Podiatry Doc Talk